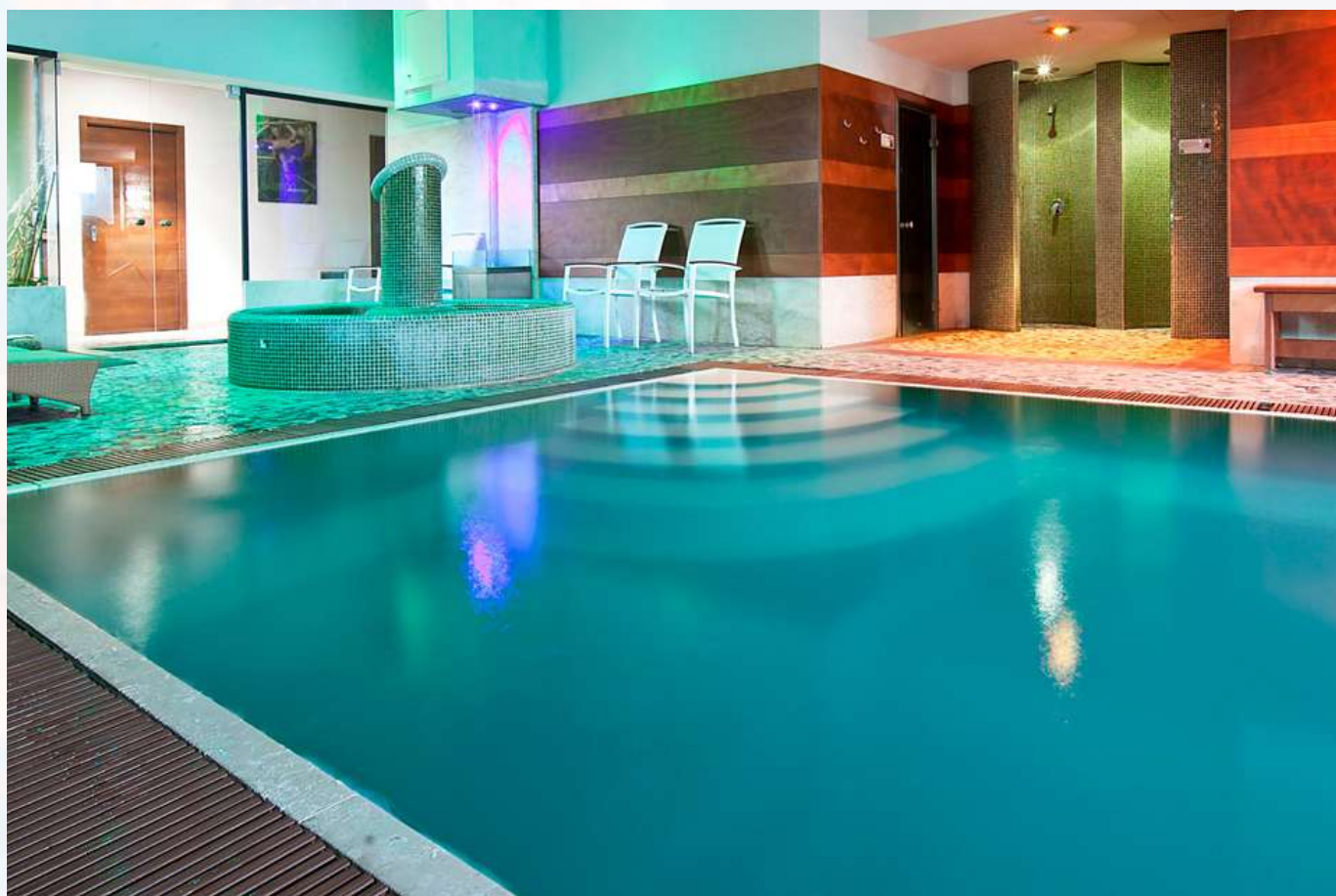




WELLNESS CENTER



- wellness spa •
- beauty center, solarium, gym •





OUR WELLNESS CENTER





WELLNESS AREA

Open every day for Spa entrances and Wellness Paths.

Inside you can relax mind and body thanks to:

- Indoor heated pool
- Whirlpool
- Hydrojet
- Geyser
- Finnish sauna
- Turkish bath
- Chromotherapy
- Sensory showers
- Kneipp path
- Ice waterfall
- Relaxation area with loungers, and herbal teas



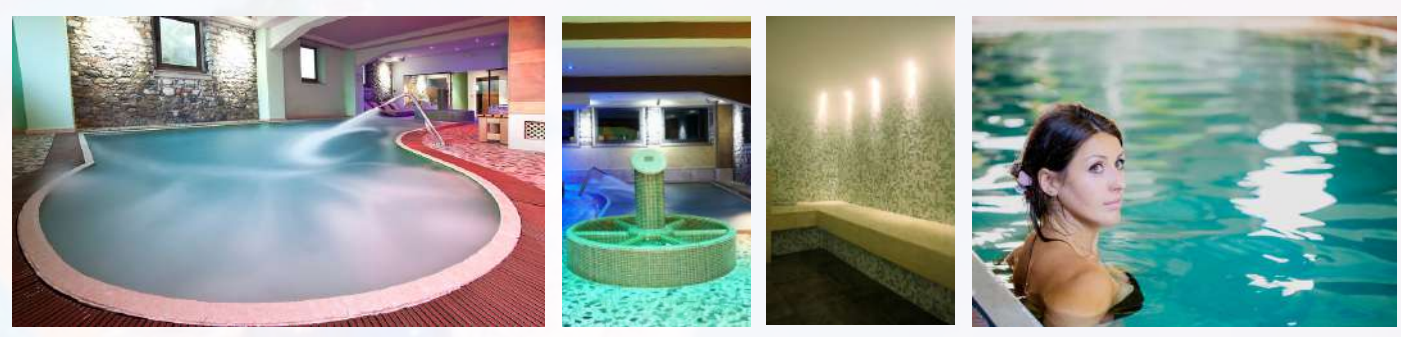


WELLNESS AND SPA

Fata Turchina

2-hour access to our Wellness area of 250sqm.

Access to the Spa (and swimming pool) is only possible by booking Wellness Paths time slots, reserved for a limited number of guests, to guarantee everyone a relaxing experience in a peaceful and serene environmen



Children aged 0-11 are welcome in our Wellnes Spa in the time slots with the sign:  Mon/Fri 9-11, 11-13, 13-15 Sat/Sun 9-11, 11-13.

Fares: 0-6 y.o. € 4,00, 7-11 y.o. € 8,00.

From 12 years of age, considered as adults time and price-wise.

Here you find the time slots for the Wellness Path (Spa entrance).
The hotel will give the availability for the dates of the stay

TIME SLOTS	MONDAY	TUESDAY	WEDNESD	THURSD	FRIDAY	SATURD	SUNDAY
09 - 11	15 € 	15 € 	15 € 	15 € 	15 € 	18 € 	18 € 
11 - 13	15 € 	15 € 	15 € 	15 € 	15 € 	18 € 	18 € 
13 - 15	15 € 	15 € 	15 € 	15 € 	15 € 	18 €	18 €
15 - 17	18 €	18 €	18 €	18 €	18 €	27 €	20 €
17 - 19	18 €	18 €	18 €	18 €	18 €	27 €	20 €
19 -21	18 €	18 €	18 €	18 €	18 €	27 €	-
21 - 23	-	-	-	-	18 €	27 €	-

If not included in the package, rates for the wellness path vary depending on the time slot and day. You can find them in the table above.
For public holidays that fall between Monday and Friday, Sunday rates apply.

Bathrobe, slippers and bath towel will be provided in your room.
Swimming costume and bathing cap required



WELLNESS AND SPA

Fata Turchina

Reservation of the Wellness Paths-Spa entrance **is compulsory** and must be made beforehand: preferably before or upon confirmation of the room.

Entrance to the swimming pool is only possible during the times booked for the Wellness Paths/Spa entrance, as it is located inside the Spa area.



If you book your Spa entrance during your stay **between the check-in time (i.e. from 1:00 p.m. to 3:00 p.m. on the day of arrival) and the check-out time (i.e. from 9:00 a.m. to 11:00 a.m. on the day of departure)**, you can get change in your room with bathrobe, towel and slippers provided by us.

For wellness treatments booked in the 1:00 p.m. to 3:00 p.m. time slot on the day of arrival, you **may be given your room earlier, from 12:30 p.m.** so that you can change in your room.

If your chosen time slot is from 9-11 a.m. on the morning of your departure, you can **keep your room until 12 noon** so that you can shower and change comfortably.

If, on the other hand, your chosen time slot is before or after these times, you can change at the Wellness Centre, agreeing with them on the availability of **dressing rooms**. Alternatively, you can request an **early check-in**, in order to have the room earlier in the morning at a cost of € 59.00, or a **late check-out** in order to keep the room after the check-out time, at a cost of € 29.00.

Both services must be requested in advance and availability must be assessed and confirmed with the hotel.



MASSAGE

4 Hands Massage*

- Energizing, invigorating and draining massage 60' € 100,00

Californian Massage

- Sensitive, meditative and psycho-body massage 40' € 78,00

Chackra Hot Stone Massage

- Manual massage with volcanic hot stones 60' € 80,00

Mineral Sabay Massage

- Manual massage with mineral hot stones 60' € 80,00



Bamboo Massage

- Decontracting/ draining massage with bamboo canes 50' € 80,00

Back and shoulders massage

- feet draining and back decontracting massage 45' € 65,00

Decontracting Massage 45'

- Decontracting body massage 45' € 62,00

- Decontracting 30'

Localized decontracting massage 30' € 48,00



MASSAGE

Chocolate Massage*

- sensorial, moisturising and slimming massage 60' € 60,00

Shea Butter Massage*

- nourishing and elasticising massage 50' € 60,00

Argan oil massage*

- nourishing and anti-ageing massage 50' € 58,00

Total relaxation massage*

- relaxing full-body massage 50' € 55,00



Pregnancy massage

- delicate massage for pregnant women 45' € 60,00

Delicate Massage*

- delicate face, neck, head and shoulder massage 30' € 38,00

Partial relax massage*

- neutral oil-based relaxation massage 30' € 38,00

Foot massage

- sensorial foot massage with finger pressure 30' € 38,00

* These massages, subject to availability, can also be done on a quartz sphere bed with chromotherapy.



OPENING HOURS AND CONTACTS

Fata Turchina is pleased to welcome you:

Monday / Thursday 9:00 - 21:00
Friday and Saturday 9:00 - 23:00
Sunday 9:00 - 20:00

All treatments, massages, Spa access and Wellness
Paths must be booked in advance.



Wellness Paths (2-hour spa access) can be booked
by contacting reception
of the **Hotel Lovere Resort & Spa:**



+39 347 986 5211



info@hotellovere.it



+39 035 960936



For **massages or facial and body treatments**, our
Fata Turchina girls will provide you with availability
and schedules by contacting:



+39 340 589 0140



info@lafataturchina.it



+39 035 988253





HOTEL GUESTS IN SPA

For you, Guests of Hotel Lovere Resort & Spa, who will have the pleasure of relaxing in our Wellness Center, remember to head to the Spa, after changing in your room and taking care to have with you:



bathsuit



bathrobe



flip-flops



towel



swimming caps (in the bathroom you will find the shower cap in case you forgot yours)



The wellness center is connected to the hotel on the second floor (Suite wing). To access follow our blue signs.



FACE BEAUTY

RITUAL FACIAL TREATMENT € 55,00

Time of ritual - awakens the skin and senses, cleanses, prepares and relaxes. For a soft, balanced, impurity-free skin and for a deep feeling of freshness, relief and youthfulness.

SOOTHING AND ANTI-REDNESS TREATMENT € 65.00

Calm perfection

Dedicated to sensitive and intolerant skin. This treatment is able to intervene with a soothing action, targeted and diversified in every level of the skin barrier. To protect, repair and fortify the skin.

PURIFYING TREATMENT € 55,00

Pure Equalizer

Purifying, to free the skin from impurities and regulate the balance of microbial flora.

HYDRA PERFECTION €100,00

The biorevitalizing hydration and extreme nourishment treatment is a moisturizing treatment able to revitalize the skin of the face, offering the correct amount of Hyaluronic Acid and Collagen for a perfectly hydrated, nourished and young skin.

ANTI-AGING TREATMENTS - AGE METHOD € 95,00

The cosmetic line that restructures the damage caused by skin and hormonal aging, smoothing the features, minimizing expression lines and deep wrinkles and strengthening the skin structure.

Other specific treatments available, contact our practitioners.





BODY BEAUTY

TARGET: CELLULITE

ANTI-CELLULITE MASSAGE 30' € 40,00

Specific massage for blemishes carried out on legs and abdomen on request can also be made on the arms

ANTI-CELLULITE MASSAGE 45' € 60,00

Specific massage for blemishes carried out on legs and abdomen on request can also be made on the arms

TARGET: PURIFY

BACK PURIFICATION 45' € 25,00

Back treatment consisting of cleansing, exfoliation, steaming and blackhead removal, with mask and massage

TARGET: DRAINING

PRESSOTHERAPY 50' € 25,00

It is a mechanical massage that thanks to the progressive swelling and deflation of the sheaths allows to reactivate the circulation, both lymphatic and blood, oxygenating the body*.

DRAINING MASSAGE 30' € 43.00

Manual massage performed on the legs and abdomen using specific techniques.





TANNING

Low pressure shower For tanned skin	16'	€ 10,00
Sunbed For fair and delicate skins high and low pressure combination	18'	€ 15,00
High pressure shower For fair skins	16'	€ 13,00
Trifacial For tanned skins localized face	16'	€ 8,00



EPILATION

Full leg	€ 22,00
Half leg	€ 16,00
Armpit	€ 6,00
Partial groin	€ 9,00
Brazilian	€ 11,00
Total groin	€ 14,00
Arms	€ 13,00
Chest	€ 19,00
Back	€ 19,00
Sopralabial or face areas (chin/neck)	€ 5,00
Eyebrows	€ 5-9.00



NAILS

SPECIAL HANDS

Nail filing	€ 7,00
Cosmetic manicure with Vinilux nail polish application	€ 20,00
Cosmetic manicure with Shellac nail polish application	€ 30,00
Shellac nail polish application	€ 15,00
Vinilux polish or French polish change	€ 10,00
Manicure with nail reconstruction	€ 40,00

SPECIAL FEET

Nail filing	€ 5,00
Aesthetic pedicure with Vinilux polish application	€ 25,00
Deep pedicure with Vinilux polish application	€ 30,00
Aesthetic pedicure with Shellac polish application	€ 35,00
Deep pedicure with Shellac polish application	€ 40,00
Shellac polish application	€ 20,00
Vinilux polish change	€ 10,00

Vinylux nail polish: regular nail polish

Shellac nail polish: semi-permanent nail polish





OUR GYM

Fitness room to keep you always in shape.

Our fitness room, equipped with the latest equipment with treadmill, gluteus machine, step, rowing machine, exercise bike and much more is waiting for you at any time of day to keep in shape on your own or with our personal trainers.

Lesson with our qualified personal trainer € 7,00/hour





EXCLUSIVE RELAX

Royal Spa Suite e Junior Spa experience the wellness!



Royal Spa Suite
Jacuzzi,
Turkish bath
Sensory shower

Junior Spa
Sweet sauna
or
Turkish Bath





*Time is gold,
give yourself
a moment of
pleasure...*



Fata Turchina

Wellness spa, beauty center, solarium, gym

Via Marconi 99 - 24065, Lovere (BG)

Tel- 035/988253, Cel - 340/5890140

info@lafataturchina.it - www.lafataturchina.it