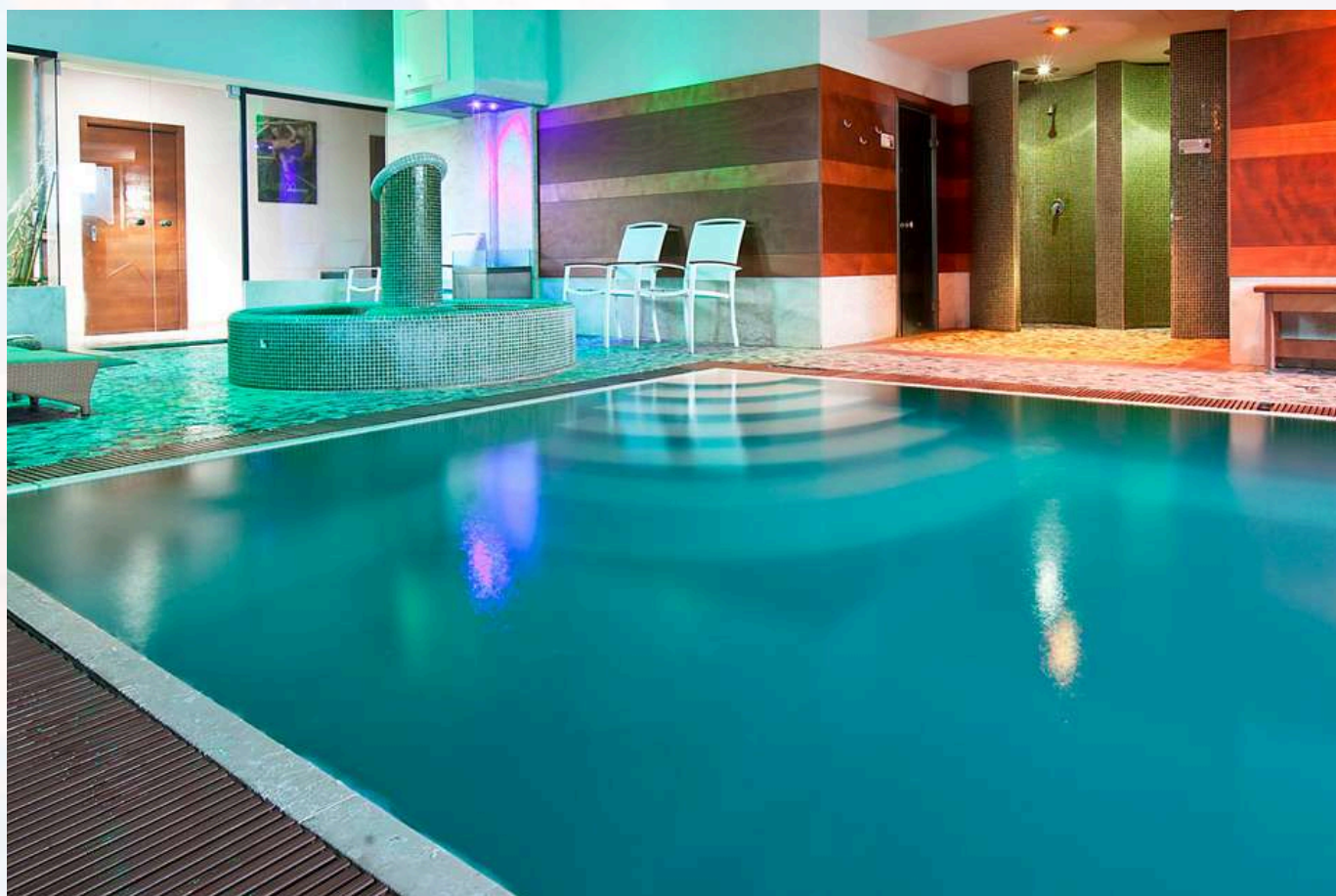




WELLNESS CENTER



- wellness spa •
- beauty center, solarium, gym •





OPENING HOURS AND CONTACTS

Fata Turchina is pleased to welcome you:

Monday / Thursday 9:00 - 21:00
Friday and Saturday 9:00 - 23:00
Sunday 9:00 - 20:00

All treatments, massages, Spa access and Wellness Paths must be booked in advance.



Wellness Paths (2-hour spa access) can be booked by contacting reception of the **Hotel Lovere Resort & Spa:**



+39 347 986 5211



info@hotellovere.it



+39 035 960936



For **massages or facial and body treatments**, our **Fata Turchina** girls will provide you with availability and schedules by contacting:



+39 340 589 0140



info@lafataturchina.it



+39 035 988253





OUR WELLNESS CENTER





MASSAGES Fata Turchina

Partial Relax Massage*	30'	38€
Total Relax Massage	50'	55€
Chakra Massage with Hot Stones	60'	80€
Mineral Sabay Massage	60'	80€
Bamboo Massage*	50'	80€
Foot and back massage	45'	65€
Decontracting Massage	30'	62€
Decontracting Massage	45'	48€
Chocolate Massage*	60'	60€
Shea Butter Massage*	50'	60€
Argan oil massage*	50'	58€
Californian Massage	40'	78€
Massage for pregnant women	45'	60€
Gentle Massage*	30'	38€
4-hand massage*	60'	100€
Foot Massage	30'	38€

[Explanation of massages on the following pages.](#)
[Advance booking required.](#)



MASSAGES Fata Turchina

Partial Relaxation Massage: Relaxing massage on two areas of the body of your choice (face, back, legs and feet)

Total Relax Massage: a relaxing full-body massage

Hot Stone Chakra Massage: Performed with hot volcanic stones, it gives a feeling of deep relaxation, reduces anxiety and stress and increases concentration and creativity

Mineral Sabay Massage: performed with hot mineral stones, it gives a feeling of deep relaxation, reduces anxiety and stress and increases concentration and creativity.

Bamboo Massage*: an oriental technique that uses bamboo canes of various sizes, warm or at room temperature, to perform deep, draining and decontracting maneuvers.

Foot and Back Massage: The draining foot massage reduces swelling and water retention by stimulating blood and lymphatic circulation.

Decontracting Massage: the decontracting massage of the back and legs, if 45', or only the back, if 30', is an intense therapeutic technique, aimed at releasing tension and contractures caused by posture, stress or sport.

Chocolate Massage: Chocolate massage is a wellness treatment that uses warm melted chocolate to nourish the skin and relax the body.

Shea Butter Massage*: Shea Butter Massage can help reduce redness and irritation, leaving a feeling of calm and relief: it is absorbed into the skin, leaving it hydrated and soft.



MASSAGES Fata Turchina

Argan Oil Massage*: Relaxing massage with argan oil, known for its hydrating, soothing and anti-aging properties.

Californian Massage: the Californian Massage is based on gentle and enveloping movements, similar to a harmonious choreography that becomes a sort of art therapy in which the meridians and physical lines of the body are respected.

Massage for pregnant women: Relaxing massage on the whole body, or on selected areas, with almond oil

Gentle Massage*: This relaxing facial massage reduces stress, releases muscle tension (even from bruxism), and improves circulation, leaving you with a younger, more radiant appearance. It stimulates collagen and elastin production, toning the skin and reducing bags, dark circles, and fine lines, acting as a true "natural facelift."

4-hand massage*: energizing and relaxing accompanied by two operators

Foot Massage: A technique of point microstimulation applied primarily to the soles of the feet. It is based on the hypothesis that all organs, glands, and body parts are reflected in the feet. Applying reflexology massage may have an effect or influence the organ or system corresponding to the stimulated reflex.



All massages not specified are performed with sweet almond oil; variations may apply in case of allergies.

* Massages with an asterisk can also be performed on a quartz sphere bed with chromotherapy.

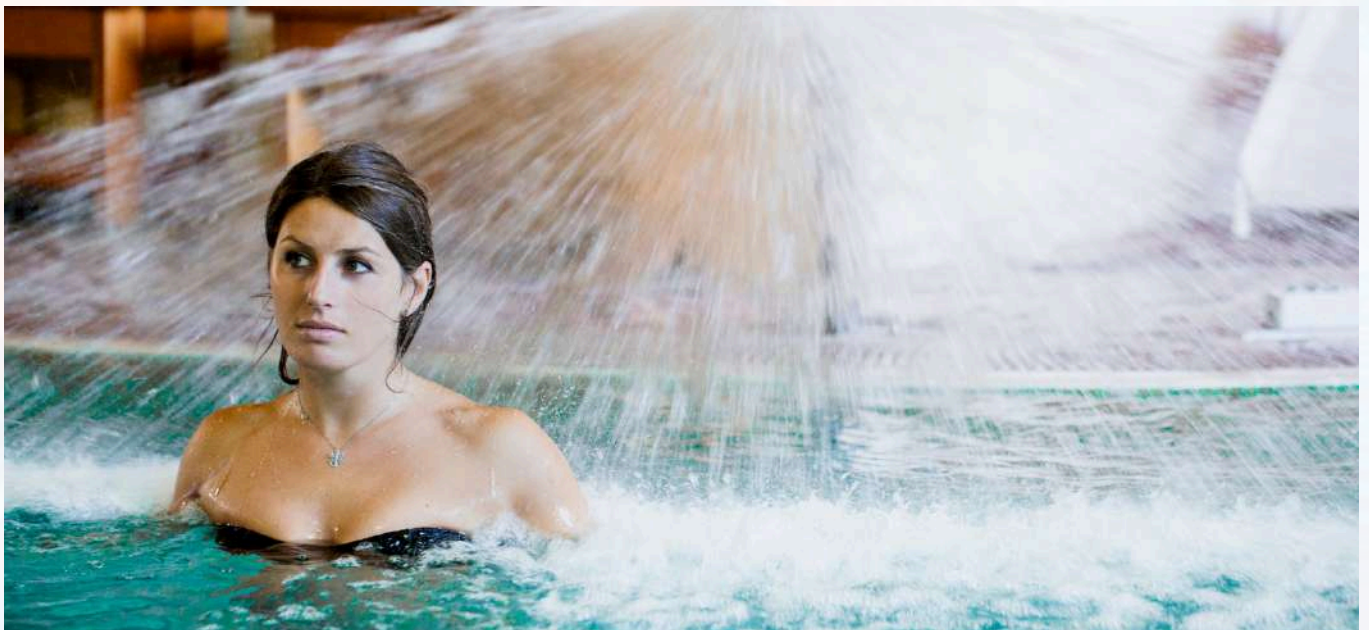


WELLNESS AREA

Open every day for Spa entrances and Wellness Paths.

Inside you can relax mind and body thanks to:

- Indoor heated pool
- Whirlpool
- Hydrojet
- Geyser
- Finnish sauna
- Turkish bath
- Chromotherapy
- Sensory showers
- Kneipp path
- Ice waterfall
- Relaxation area with loungers, and herbal teas





WELLNESS AND SPA

Fata Turchina

2-hour access to our Wellness area of 250sqm.

Access to the Spa (and swimming pool) is only possible by booking Wellness Paths time slots, reserved for a limited number of guests, to guarantee everyone a relaxing experience in a peaceful and serene environment












Children aged 0-11 are welcome in our Wellness Spa in the time slots with the sign:  Mon/Fri 9-11, 11-13, 13-15 Sat/Sun 9-11, 11-13.

Fares: 0-6 y.o. € 4,00, 7-11 y.o. € 8,00.

From 12 years of age, considered as adults time and price-wise.

Here you find the time slots for the Wellness Path (Spa entrance).
The hotel will give the availability for the dates of the stay

TIME SLOTS	MONDAY	TUESDAY	WEDNESD	THURSD	FRIDAY	SATURD	SUNDAY
09 - 11	15 € 	15 € 	15 € 	15 € 	15 € 	18 € 	18 € 
11 - 13	15 € 	15 € 	15 € 	15 € 	15 € 	18 € 	18 € 
13 - 15	15 € 	15 € 	15 € 	15 € 	15 € 	18 €	18 €
15 - 17	18 €	18 €	18 €	18 €	18 €	27 €	20 €
17 - 19	18 €	18 €	18 €	18 €	18 €	27 €	20 €
19 - 21	18 €	18 €	18 €	18 €	18 €	27 €	-
21 - 23	-	-	-	-	18 €	27 €	-

If not included in the package, rates for the wellness path vary depending on the time slot and day. You can find them in the table above.

For public holidays that fall between Monday and Friday, Sunday rates apply.

Bathrobe, slippers and bath towel will be provided in your room.
Swimming costume and bathing cap required



WELLNESS AND SPA

Fata Turchina

Reservation of the Wellness Paths-Spa entrance **is compulsory** and must be made beforehand: preferably before or upon confirmation of the room.

Entrance to the swimming pool is only possible during the times booked for the Wellness Paths/Spa entrance, as it is located inside the Spa area.



If you book your Spa entrance during your stay **between the check-in time (i.e. from 1:00 p.m. to 3:00 p.m. on the day of arrival) and the check-out time (i.e. from 9:00 a.m. to 11:00 a.m. on the day of departure)**, you can get change in your room with bathrobe, towel and slippers provided by us.

For wellness treatments booked in the 1:00 p.m. to 3:00 p.m. time slot on the day of arrival, you **may be given your room earlier, from 12:30 p.m.** so that you can change in your room.

If your chosen time slot is from 9-11 a.m. on the morning of your departure, you can **keep your room until 12 noon** so that you can shower and change comfortably.

If, on the other hand, your chosen time slot is before or after these times, you can change at the Wellness Centre, agreeing with them on the availability of **dressing rooms**. Alternatively, you can request an **early check-in**, in order to have the room earlier in the morning at a cost of € 59.00, or a **late check-out** in order to keep the room after the check-out time, at a cost of € 29.00.

Both services must be requested in advance and availability must be assessed and confirmed with the hotel.



FACE BEAUTY

RITUAL FACIAL TREATMENT

€ 55,00

Time of ritual - awakens the skin and senses, cleanses, prepares and relaxes. For a soft, balanced, impurity-free skin and for a deep feeling of freshness, relief and youthfulness.

SOOTHING AND ANTI-REDNESS TREATMENT

€ 65.00

Calm perfection

Dedicated to sensitive and intolerant skin. This treatment is able to intervene with a soothing action, targeted and diversified in every level of the skin barrier. To protect, repair and fortify the skin.

PURIFYING TREATMENT

€ 55,00

Pure Equalizer

Purifying, to free the skin from impurities and regulate the balance of microbial flora.

HYDRA PERFECTION

€100,00

The biorevitalizing hydration and extreme nourishment treatment is a moisturizing treatment able to revitalize the skin of the face, offering the correct amount of Hyaluronic Acid and Collagen for a perfectly hydrated, nourished and young skin.

ANTI-AGING TREATMENTS - AGE METHOD

€ 95,00

The cosmetic line that restructures the damage caused by skin and hormonal aging, smoothing the features, minimizing expression lines and deep wrinkles and strengthening the skin structure.

Other specific treatments available, contact our practitioners.





BODY BEAUTY

TARGET: CELLULITE

ANTI-CELLULITE MASSAGE 30' € 40,00

Specific massage for blemishes carried out on legs

ANTI-CELLULITE MASSAGE 45' € 60,00

Specific massage for blemishes carried out on legs and abdomen

TARGET: PURIFY

BACK PURIFICATION 45' € 25,00

Back treatment consisting of cleansing, exfoliation, steaming and blackhead removal, with mask and massage

TARGET: DRAINING

PRESSOTHERAPY 50' € 25,00

It is a mechanical massage that thanks to the progressive swelling and deflation of the sheaths allows to reactivate the circulation, both lymphatic and blood, oxygenating the body*.

DRAINING MASSAGE 30' € 43.00

Manual massage performed on the legs and abdomen using specific techniques.





TANNING

Low pressure shower For tanned skin	16'	€ 10,00
Sunbed For fair and delicate skins high and low pressure combination	18'	€ 15,00
High pressure shower For fair skins	16'	€ 13,00
Trifacial For tanned skins localized face	16'	€ 8,00



EPIILATION

Full leg	€ 22,00
Half leg	€ 16,00
Armpit	€ 6,00
Partial groin	€ 9,00
Brazilian	€ 11,00
Total groin	€ 14,00
Arms	€ 13,00
Chest	€ 19,00
Back	€ 19,00
Sopralabial or face areas (chin/neck)	€ 5,00
Eyebrows	€ 5-9.00



NAILS

SPECIAL HANDS

Nail filing	€ 7,00
Manicure with Vinilux nail polish application	€ 20,00
Manicure with Shellac nail polish application	€ 30,00
Shellac nail polish application	€ 15,00
Vinilux polish or French polish change	€ 10,00
Manicure with nail reconstruction	€ 40,00

SPECIAL FEET

Nail filing	€ 5,00
Pedicure with Vinilux polish application	€ 25,00
Curative pedicure with Vinilux polish application	€ 30,00
Pedicure with Shellac polish application	€ 35,00
Curative pedicure with Shellac polish application	€ 40,00
Shellac polish application	€ 20,00
Vinilux polish change	€ 10,00

Vinylux nail polish: regular nail polish

Shellac nail polish: semi-permanent nail polish

